

Sign up at

standardprocess.com/challenge

to join the nationwide community

As a member, you will receive:

- Daily inspirational emails
- Access to Facebook groups: share progress, recipes, encouragement, and much more

  **#spdetoxchallenge**

Three Lucky Participants Will Also Win Prizes!*

For your chance to win, complete the challenge then tell us how the detoxification program impacted your life.

Grand Prize: Trip for you and a guest to Wisconsin for a two day wellness retreat and tour of the Standard Process certified organic farm.

Second Place Prize: Royal Lee Organics™ (by Standard Process) Flour Mill & assorted whole grains.

Third Place Prize: Vitamix® 5200 Standard Blender

THE STANDARD PROCESS DIFFERENCE

Changing Lives With Nutrition

Standard Process:

- Is committed to changing lives with a whole food philosophy
- Grows many ingredients on the Standard Process certified organic farm in Wisconsin
- Is serious about quality
- Makes products to support the health of the whole family
- Partners with health care professionals
- Has been trusted for generations products that have been transforming lives since 1929

At our practice, we believe that given the proper nutrition, the body has the amazing ability to keep itself healthy. We also believe that nutrition should be individualized to meet each patient's needs. We recommend and trust Standard Process nutritional supplements made with whole food and other ingredients.

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standardprocess.com

Join the Nationwide SP Detox and Purification Challenge

Kick-start healthy habits this January



Prizes include a two-day wellness retreat and spa

*Visit standardprocess.com/challenge for official contest rules.



Are you
experiencing...

Fatigue?
Difficulty sleeping?
Indigestion?
Food cravings and weight gain?

Reduced mental clarity?
Low libido?
Skin issues?
Joint discomfort?

TOXINS MAY BE TO BLAME



Join others from
around the nation
for the detoxification
challenge that begins
on **January 6, 2020**.

You're exposed to toxins every day, which can overburden your body's natural ability to detoxify. At Standard Process, we're kicking off 2020 with the exciting SP Detox and Purification Challenge — a transition to a new, healthy way of living in the new year. You'll choose

between two programs that help support the body's natural toxin elimination function.

Each program is combined with a guided meal plan full of whole food recipes and whole food based supplements designed to support metabolic detoxification.

Talk to your health care professional to determine which program is right for you.

SP Detox Balance™ Program



- 28-day program
- Balanced, safe, and effective nutritional support for all three phases of detoxification*
- Tasty, all-in-one shake (depending on the day, you will drink one, two, or three nutrient-packed SP Detox Balance™ shakes)
- Includes basic meal, hydration and exercise plan



Purification Program



- 21-day program
- Purify, nourish and maintain a healthy body and weight*
- Includes a variety of supplements taken daily, including a nutritional shake that offers essential whole food nutrition - available in original, dairy-free, chocolate, or vanilla
- Meal plan provided including a variety of vegetables and fruits for the first 10 days, with select proteins added on day 11



Includes ingredients grown on the Standard Process certified organic farm

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.